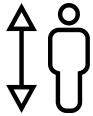

Prepare for your fitting appointment



After completing your initial assessment and determining a treatment plan, we begin creating your orthotic device. Your Orthotist will use the cast taken in your assessment to create a custom mold for your brace. From there your Orthotic Technician will mold, shape and finish your brace. This process is both an art and science.

Now your brace is ready to be fit, to make sure it's comfortable, functions properly and fits in your footwear. Following some fine-tuning and evaluation of treatment outcomes your orthosis will be ready to be taken home.

Here is a simple checklist to help you prepare for orthotic fitting with your Certified Orthotist CO(c).

What to bring:

- Health card
- Method of payment (cash, debit and credit accepted)

What to wear:

- Loose fitting pants or shorts (assessment of lower legs)
- Tank top (assessment of back or shoulders)
- Compression garments (if applicable)
- Long knee-high socks
- Appropriate shoes, as discussed with your orthotist

Other things to consider:

- We encourage family members and caregivers to join you at your appointments
- Translators or interpreters if needed

Once your brace leaves our clinic, we'll need to see how it works in the real world. Your Orthotist may schedule a follow up appointment with you at this time.



Interested in seeing how an ankle-foot orthosis (AFO) is made?
Visit our youtube page "Boundless Inc."